

## Pessary Remover



## INSTRUCTIONS FOR USE PESSARY REMOVER

Manufactured for Murph Industries.

The Pessary Remover is designed to facilitate easy removal of a pessary. The pessary remover is designed for use with the following pessary types: the ring, ring with knob, oval, dish, Hodge or Mar-land. This device may be used with both the no support and support versions of the pessary types listed previously. The Pessary Remover is supplied non-sterile.

WARNINGS • Avoid the use of excessive force when inserting the pessary remover into the vagina. • Visually inspect the device prior to use. Do not use if any visible defects are identified.

PRECAUTIONS • Use of a lubricant is recommended when using the pessary remover to remove a pessary. • The pessary remover does not fit through the holes in the pessaries. • The pessary remover is a tool used to facilitate the removal of a pessary and provides no specific treatment benefits.

INSTRUCTIONS 1. Lubricate the introitus and secure the remover to the inside center of the pessary. 2. Apply gentle traction on the pessary cord to stabilize and bring the device toward

the introitus. 3. When the pessary is within reach, compress the pessary and carefully pull it gently out of the vagina.

## Cleaning Instructions/Sterilization Instructions Cleaning:

- 1. Submerge in enzymatic cleaner for 20 minutes.
- 2. Remove from enzymatic cleaner and rinse thoroughly with demineralized water.
  - 3. Allow to dry completely prior to sterilization.

## **Recommended Sterilization Parameters:**

Sterilizer	Exposure Temperature	Exposure Time	Minimum Dry Time
Pre-Vacuum (Wrapped)	132°C (270° F)	4 minutes	20 minutes
Pre-Vacuum (Un- Wrapped)	132°C (270° F)	4 minutes	
Gravity Steam	121°C (250° F)	30 minutes	30 minutes
Gravity Steam	132 °C - 135 °C (270 °F - 275 °F)	10 minutes	30 minutes

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